



2023 Master Justin Stevens

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> Marshal Gregory Dwyer

Tyler Robert Adams

Musician Sean Munroe Oriental Lodge 20 F&AM 726 N. Center St. P.O. Box 123 Mesa, AZ 85211 (480) 962-0232 www.oriental20.com

2023 Board of Trustees

Meets the last Monday of the month at 6:30

Term Expires 2023 Frank Donald Marc Geyer

Term Expires 2024 John Durham Neil Nisbet, PM

Term Expires 2025 Bill Robertson , PM Open

Open position currently appointed Bruce Gladney

THE TRESTLE BOARD



JULY 2023

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"As Masons. we must build trust and respect among the members and the public. And remember, when making decísíons that affect others, always be fair and just ín your dealings. <u> Page 18</u>

July joke of the month:

What was the most popular dance in 1776?

Indepen-dance. .





What a month for Oriental Lodge. June was filled with the initiation of 6 new brothers. Make sure you take a look at page 17 and see the new faces of our lodge members.

I am still looking for articles and insights from the brethren that we can publish in upcoming issues of the Trestle Board. Your input would be greatly appreciated. I am especially interested in anecdotes about the lodge, members and it's history. I believe that this would be beneficial for the brethren and a great way to preserve our history.

I am again republishing the, **"You Hold The Keys"** flyer on **page 33**. Remember, your input is uniquely valuable to our lodge.

Again, my keys don't open all the doors-We need more keys!!!!

Fraternally, Br. Marc

MOR

Marc Geyer

Editor

The Oriental #20 Trestle Board

JULY 2023



Ramblings From The East:

In the noble pursuit of Freemasonry, we often find ourselves faced with an abundance of objectives that demand our attention. Whether within our lodges or in our professional lives (or, in my case, both), the multiplicity of tasks can sometimes feel overwhelming, leaving us grappling with the challenge of focusing on the present moment. In these times, the concept of mental partitioning emerges as a valuable tool, allowing us to quiet the noise of competing objectives and concentrate on the immediate task at hand.

Imagine your mind as a vast landscape, with countless thoughts and objectives roaming freely. Each objective represents a piece of a grand puzzle, contributing to the greater purpose we strive to achieve. However, the

paradox lies in the fact that while it is vital to acknowledge and address these objectives, trying to address them at one time will inevitably lead to mental overload and hinder our ability to make progress.

Mental partitioning is the art of deliberately segmenting our thoughts, goals, and tasks into distinct compartments, allowing us to channel our attention to one compartment at a time. By creating these mental partitions, we can cultivate a sense of control and calmness, liberating ourselves from the constant distractions that threaten to derail our progress.

Here are a few practical techniques to help you implement mental partitioning into your daily life:

Prioritize and Organize: Begin by identifying your objectives and tasks, ranking them in order of importance and urgency. By establishing clear priorities and organizing your objectives, you can better understand which ones require immediate attention and which to allocate later.

Create Mental Compartments: Once you have prioritized your objectives, envision creating mental compartments to contain them. Visualize each compartment as a designated space in your mind where you can temporarily store thoughts, ideas, and goals that are not immediately relevant. Doing so allows you to free up your mental bandwidth and focus on the task without being overwhelmed by others.

Timeboxing: Allocate specific time slots for each compartment, ensuring you devote your undivided attention to each objective during its designated period. Set a timer or schedule reminders to signal the transition from one compartment to another. This practice helps you concentrate on the immediate task and brings discipline to your workflow.

Practice Mindfulness: Incorporate mindfulness techniques into your daily routine to enhance your ability to stay present and focused. Engaging in meditation or deep breathing exercises can assist in quieting the noise of competing thoughts, allowing you to immerse yourself in the present moment fully.

Delegate and Seek Support: Freemasonry is founded on brotherhood and mutual support. Embrace the power of delegation and seek assistance from your Masonic brethren or trusted allies. By entrusting tasks to capable individuals, you can alleviate the burden of excessive objectives, ensuring that each task receives the attention it deserves.

Remember, mental partitioning is a skill that requires practice and patience. It may take time to master, but perseverance can become a valuable tool in your journey toward accomplishing your objectives with focus and clarity.

By consciously dividing your mind and concentrating on one objective at a time, you will experience the liberating effect of unburdening yourself from the weight of countless thoughts vying for attention. As Freemasons, we strive for excellence, and by mastering the art of mental partitioning, we empower ourselves to be more effective, present, and purposeful in all aspects of our lives.

I wish you strength, focus, and unwavering determination in your Masonic and Professional endeavors.

Regards,

Justin Stevens



Greetings from the West!

As Senior Warden, one of my duties is to assist the Worshipful Master in opening and closing his Lodge. More than at any other time during my year in the West, my ability to perform this duty during June relied heavily upon the Brethren of Oriental 20, who showed up and stepped up.

Another duty I have as Senior Warden is to pay wages. I am so proud of our elected and appointed line officers and the newer Brethren who have stepped up into positions, when requested, to allow our officers to perform additional duties and improve their proficiencies. Brother Frank Donald, WB Nick Lindquist, and Brother Marc Geyer have been exceptional in their deliveries of lectures and charges. Once again, Brother Ryan Sparks has shown how lucky our Lodge is to have him. His delivery of the Working Tools lecture has been spot-on every time! The richness of Oriental 20's fraternal bonds has only grown stronger and more visible through the consistent effort of Brother Marc Geyer's wonderful meals and weekly educational sessions. As Senior Warden, I thank every one of you for all you do and your willingness to do so!

Finally, I welcome and encourage all of our newly initiated Entered Apprentices to begin their Masonic journeys with fervency and zeal by committing to your memory work and proficiency now. Each of you has the incredible benefit of going through this process with each other. What you do now will set each of you up for great success within our ancient Fraternity. For my part, I look forward to seeing each of you join the officer line and your participation in ritual for those who will come after you. Your Masonic journeys can and should be one of the greatest experiences of your lives... invest in it!

Fraternally,

SW Michael Harris Fraternally,



Greetings from the South.

1973 was a significant year in American history, marked by several important events.

Domestically, the year saw the end of the Vietnam War, the passage of the Roe v. Wade decision, and the beginning of the first oil crisis. The Vietnam War had been a significant source of division in American society for over a decade, and its end was met with mixed reactions. The Roe v. Wade decision legalized abortion in the United States, a landmark victory for the women's rights movement. The oil crisis, caused by an embargo by the Organization of Petroleum Exporting Countries (OPEC), led to a sharp increase in gas prices and a recession.

Hearings began in May of 1973 regarding the Watergate scandal, which eventually led to the resignation of President Richard Nixon; this was a major political scandal that shook the foundations of American democracy. The average cost of a new house was \$32,500.00, price of a gallon of Gas was 40 cents (996.03% higher in 2023 versus 1970!).

Here in Arizona, the big news was that Arizona State University (ASU) opened its new Tempe campus. The campus is now one of the largest universities in the United States and is a significant economic driver for Tempe.

For Oriental 20 Lodge in Mesa, the Worshipful Master installed in 1973 was a Korean War Army veteran and Arizona native. Born in 1930 and raised on the family dairy farm, he was used to rolling up his sleeves and getting the job done. After serving as lodge Master for Oriental, **PM George W. Patterson** was elected Worthy Grand Patron, Grand Chapter of Eastern Star of Arizona in 1977.



PM George W. Patterson was a vital link in our lodge history, represented by distinguished brethren that contributed to the community and service to our Masonic family.

Fraternally, Marc Geyer Junior Warden

▲ June			July 2023			August ►
Sun	Mon	Tue	Wed	Thu	Fri	Sat 1
2	3	4	5 LIFELINE SCREENING	. denente ses Be se	Meeting 7 pm	8
9	10 Rainbow # 9 Meeting 7:00 pm	11 Oriental #20 Dinner 6 pm Stated Mtg 7 pm	12 Rainbow #9 Conf room 7-8:30pm	13 Apache Lodge 69	14	15 Rainbow #9 Installation all day
16	17	18 Oriental #20 Dinner 6 pm Meeting @ 7 pm	19	20 Apache Lodge 69 Meeting 7 p.m.	21 Bethel 13 JDI Meeting 7 pm	22
23	24 Rainbow # 9 Meeting 7:00 pm	25 Oriental #20 Dinner 6 pm Meeting @ 7 pm	26	27 Apache Lodge 69 Meeting 7 p.m.	28	29
30	31				-	-





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602-722-7028 geyerma@gmail.com **Oriental Facility**

Blue Lodge Partners



Lodge Phone: C- 480-206-6163 Lodge Email: secretary@apachelodge69.com

2023 Master - Alexis A. Bautista

Stated Meetings 2nd Thursday of each month. Dinner is served at 6:15 pm. Stated Meeting begins promptly at 7:30 pm.



Camelback Daylight Lodge #75

Lodge Phone: C- 480-206-6163 Lodge Email: swietek.paul@gmail.com

2023 Master - Dwain A. Chase

Stated Meetings 1st Sat of each month @ 10:00 am Every month; except Jul, Aug Breakfast is served at 9:00 am

June 1st and 2nd—141st Grand Communication



June 1st and 2nd—141st Grand Communication



Most Worshipful Grand Master of Masons in Arizona 2023-2024

George R. Rusk



June 6th—Stated Meeting

The lodge was proud and honored to have Oriental Past Master and newly installed Most Worshipful Grand Master of Masons in Arizona, George R. Rusk, attend our stated meeting following Grand Communication. Senior Steward, Br. David Morgan presented his hand crafted masonic American flag (signed on the back by lodge members) to our new Grand Master.







June 13th Dual EA Degree Week 1 of 3 New Brothers Initiated: Michael Hilton

Philip Girardin



June 20th Dual EA Degree Week 2 of 3 New Brothers Initiated : Keith Williams John Miller



June 27th Dual EA Degree

Week 3 of 3 New Brothers Initiated : Michael Mosley Jacob Walker





MASONIC INTEGRITY 101

Marc Geyer, JW Oriental 20 Mesa

A couple of weeks ago, I breached the subject of "Integrity" during the "Masonic Knowledge Bite" segment at dinner. The topic struck a chord with many attending, and I wanted to expand on the subject.

I have found integrity lumped in with many other core values throughout history, and Freemasonry is no exception.

Integrity is an essential value in Freemasonry.

I would argue that it is the most important aspect of Freemasonry. Without integrity, every virtue, every other value, and landmark, we, as Masons, are taught would have no foundation to support it.

All foundations must be integral to support whatever is being built upon them.

The definition of integrity is:

- the condition of being unified, unimpaired, or sound in construction.
- the state of being whole and undivided
- the quality of being honest and having strong moral principles; moral uprightness

Like the integrity of an aircraft, the Masonic Lodge must be of sound structure. From the physical building to every activity or meeting that takes place in it, all must function with integrity to operate successfully.

<u>Masonry exists and works in a structured</u> <u>environment that strives to be complete and</u> <u>undivided.</u> This completeness is an integral part of the wisdom and truths that have been passed down through the ages. It's like the pieces of a puzzle all coming together to form a picture that speaks a thousand words.

Finally, and most importantly, is our members' honesty, moral principles, and moral actions. We, as Masons, are expected to be truthful, trustworthy, and fair. To be true to our word by following through with actions matching our speech. As Masons, we must build trust and respect among the members and the public. And remember, when making decisions that affect others, always be fair and just in your dealings.



- "Words are what men live by...words they say and mean."
 - Br. John Wayne

In the world we live in today, integrity appears to be in short supply. Years ago, a man's word was his bond.

As Masons, we can help find the lost art of integrity by remembering and using this simple formula:

Making a commitment + Fulfilling that commitment

= Being in Integrity.

"Words may show a man's wit, but actions show his meaning."

- MW Benjamin Franklin





"I believe in the sacredness of a promise, that a man's word should be as good as his bond; that character–not wealth

or power or position-is of supreme worth."

- John D. Rockefeller Jr.

The results of things or people being out of integrity are readily apparent in the physical world. It can create chaos, disruption, disappointment, injury, pain, suffering, etc.

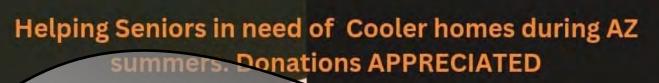
The consequences of being out of integrity mean that something or someone is affected negatively.

On a personal level, when we are out of integrity, the effects we have on others pale in comparison to what we do to ourselves.

For some of us, over the years, we may have become numb to how it feels when we are out of integrity. But, deep down inside, we know. We continue to tear ourselves apart with each successive step out of integrity.

The work of Freemasonry can help us restore that inner part of us, one word, followed by one action, at a time.

Walk the walk—Live your word



Cancelled

Location: Uncle Bears Grill and Tap- Creenfield

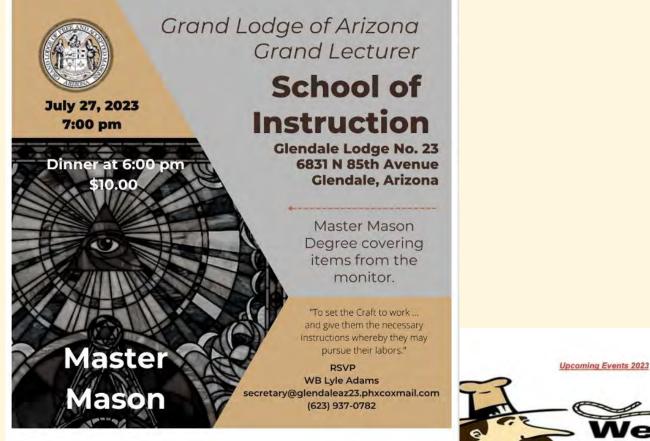
> Rsvp via text 702.349.5155

The first 20 ppl get 1st pint Compliments of Corporate Sponsor MASONIC FELLOWSHIP + COMMUNITY GOALS

Candelled PINT NIGHT "PAWTY"

Oriental 20 Summer Social Series and community fundraiser Time: Sunday 3-7pm Doggie friendly patio bring your pups! Date : Sun July 16

Open to MM and above. School of Instruction on items from the Monitor starts at 7:00 PM. MM Only. Dinner is at 6:00 PM cost of \$10.00



We're Havin' a BAR-B-Q!

You are cordially invited to attend the annual BBQ and Ice Cream social hosted by

Marion McDaniel #56 On July 29th 2023 11:00 AM - 3:00PM Burgers, Hotdogs, sides, drinks and Ice Cream will be supplied

This will be a family friendly event so please come and enjoy some good food and fellowship! This is a free event with 100% of any donations benefitting the "More than a bed" Charity.

> For more information or questions contact: Pat Zech @ 520) 477-9324 or Joe Felix @ 520) 336-7532









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ALL MASTER MASONS



JOIN FLAGSTAFF NO, 7 FOR OUR ANNUAL OUTDOOR 3RD DEGREE ON

SATURDAY, 12 AUGUST 2023

GAVIEL DROPS AT 9 AM \$50 PER TICKET VISITORS PAY AT CHECK-IN

LOCATION: ARIZONA NORDIC VILLAGE 16848 US-180, FLAGSTAFF AZ

FRIDAY, AUGUST 11 Campground will be available for camping overnight. RV spots (\$40) and cabins available. Tent campsites and fire pits. Bring your own provisions. SATURDAY, AUGUST 12 all attendees receive: Breakfast - coffee and pastries Lunch - BBQ Custom Commemorative Coin Raffle for a custom knife and more!

RSVP AT FLAGSTAFF7.ORG





SATURDAY AUG. 26TH 10AM-4PM SUNDAY AUG. 27TH 10AM-4PM

Great time for the whole family!

WE WILL BE SERVING DELICIOUS HOT CORN, HAMBURGERS, HOT DOGS, AND BEANS. THERE WILL BE CRAFT VENDORS ON SITE. GAMES AND PRIZES FOR THE KIDS!!

Food tickets Adults \$ 10 In advance or \$12 at the door Kids 8 and under \$8 in advance or \$9 at the door



Proceeds are for the benefit of El Zaribah Shrine. Payments are not deductible as charitable contributions.



Master Masons!

Montezuma Lodge #35 will be hosting a Table Lodge on Saturday. September 9th, 2023 at 6pm at the Phoenix Masonic Temple at 345 W. Monroe Street in Phoenix, Arizona featuring celebrated Masonic author, P.D. Newman.

This event will fill up quick so get your tickets asap. Tickets are \$75 which includes dinner and wine. To purchase tickets, write your checks to Montezuma Lodge #35 and send to

345 W. Monroe Street, Phoenix, Arizona 85003

Or visit us in person to pay cash OR pay online via zelle. To use zelle, email our secretary at awarianka@gmail.com for the link. Or you can purchase them at this website or with the following QR code.

https://www.evenicceate.com/e/montezomaloilge35



Brother Newman's presentation is entitled: "Theurgy: Theory and Practice"

THIS will be a night you will not want to miss.

P.D. Newman is the author of the groundbreaking "Alchemically Stoned" as well as "Angels in Vermillion: From Dee to DMT".

Clear your calendars and get excited about taking a deep dive into Masonic philosophy, history and education with one of the greats of our beloved Craft.

Grand Lodge Golf Outing



Sunday, September 10, 2023 The Legacy Golf Resort 7:30 AM Shotgun



Player

Scramble

9,6,59

Play in the Grand Lodge golf outing supporting *G.L.O.A.F.* Enjoy a fun day of golf for some friendly competition, and brotherly camaraderie!

Ø Open To The Public Men & Women

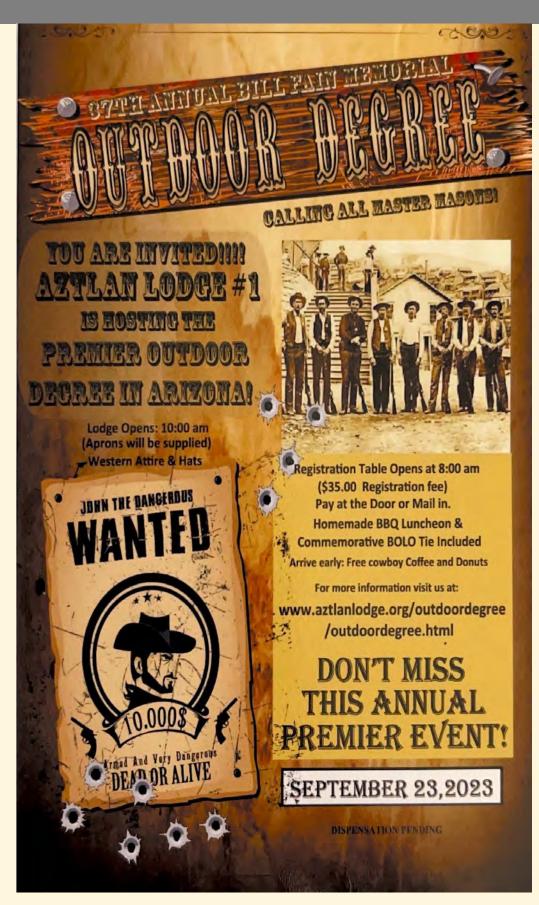
Register as a single golfer and be paired together -OR
Bring your best team of 4!

\$125 per Golfer Entry Fee Includes:

- Golf, Cart, Taxes, and Range Balls
- Southwest Texas BBQ
- One Free Beverage Ticket per Golfer
- Automatically entered in all on-course contests
- · Automatically entered in pre-round putting contest
- · Automatically entered in post-round raffle
- Automatically entered in the \$10,000 Hole-In-One Contest

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THE TRESTLE BOARD





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DO YOU HAVE AN UPCOMING MASONIC EVENT, ARTICLE, OR NOTICE YOU WOULD LIKE TO SEE IN THE TRESTLE BOARD?

SEND YOUR TRESTLE BOARD SUBMISSIONS TO THE EDITOR BY THE 20TH OF THE MONTH IF YOU WANT IT INCLUDED IN THE NEXT EDITION.

SEND TO: 20TBEDITOR@GMAIL.COM

Appendant Bodies List

If you are a member of one of these appendant bodies and have not attended for awhile, make this year the year you come back. You will surely be welcomed. You can reunite with old acquaintances and meet some new ones. So, come on out at the time and dates noted. We would love to see you again.



MESA STARLIGHT NO. 16 Order of the Eastern Star Meets 1st - 3rd Monday at 7:30 p.m. Nicole Houlette Worthy Matron Howard Houlette Worthy Patron Renee Hurd Secretary



BAA HANII COURT NO. 9
Order of AmaranthMeets 2nd & 4th Friday at 7:30 p.m.DeLores NolanRoyal MatronGeorge RuskRoyal PatronShirley DavisSecretary



MESA ASSEMBLY NO. 9 International Order of Rainbow for Girls Meets 2nd & 4th Monday at 7:00 p.m. Anna Maria Delgado Rose Hanne Augustine Delgado Don Wilson, PM Board Chairman



BETHEL NO. 13 Job's Daughters International Meets 1st & 3rd Fridays at 7:00 p.m. Katie H. Honored Queen Alexandra Houseman Bethel Guardian



VALLEY OF THE STARS NO. 62 Order of Eastern Star Meets 2nd Wednesday at 1:00 p.m. Mickie McKay Bill Udell Worthy Matron Secretary

Oriental Blue Lodge Anniversaries July

Come to our Stated Meeting July 11th @ 7pm to celebrate!!

<u>Name</u>		<u>Raised</u>	<u>Years</u>
Claire	Jensen	7/16/1973	50
Mark	Walker	7/20/1982	41
Howard	Pankratz	7/22/1986	37
Kenneth	Perkins Jr	7/12/1989	34
Richard	Beall	7/27/1993	30
David	Minton	7/8/1997	26
Michael	Lambert	7/29/2003	20
Suresh	Muthumani	7/13/2010	13
Michael	Doane	7/26/2011	12
Nicholas	Lindquist	7/31/2012	11
Chris	Eppich	7/26/2016	7
Justin	lvey	7/18/2018	5
Ryan	Sparks	7/12/2022	1



July Birthdays

Come to our Stated Meeting July 11th @ 7pm to celebrate your birthday!!

<u>Name</u>		Birth Date	<u>Name</u>		<u>Birth Date</u>
Beall	Richard	7/27	Harris	Michael	7/7
Beardsley Sr	Stephen	7/7	Herman	John	7/13
Begley	William	7/10	Howard	David	7/21
Bendyna Jr	Alexander	7/12	Leston	Joseph	7/28
Berggren	Roy	7/30	Magliozzi	Cosmo	7/13
Blank	Gordon	7/27	McKelvey	David	7/16
Carr	Lawrence	7/11	Neal	Ronald	7/24
Davis	Clarence	7/8	Perkins Jr	Kenneth	7/9
Davis	John	7/17	Pierson	Jack	7/23
DuVan	Dennis	7/20	Rodocker	Mark June 6, 2023	7/20
Escobar	Roberto	7/31	Romo	Sergio	7/31
Faulkner	Clay	7/14	Shields	Donald	7/29
Forney	Doylan	7/1	Winters	Barry	7/21



Check Out The AZ Grand Lodge Copper Post

5 REASONS WHY YOU NEED An online

THE

presence for your lodge.

"<u>THE ESOTERIC</u> <u>MASON</u>"

An article by Bro. Lon Milo Dequette, 32°

ANINO LUCIS 6023

SERVANT LEADERSHIP

This year one of our focuses will be Leadership Through Serving, also known as servant leadership.

ALWAYS BE HUMBLE AND KIND

Motto for the 2023-2024 Masonic Year.

MOST WORSHIPFUL GEORGER

RUSK

GRAND MASTER

Printed every month. 141st

The newest edition of The Copper Post for your enjoyment! AZGL Website: <u>https://azmasons.org/copper-post</u> Download the PDF: <u>https://storage.googleapis.com/wzukusers/user-</u> 24928150/documents/1890c8adcad04c3aaeec302615987902/The% 20Copper%20Post%20-%20AZGL%20-%20July_6023(MW_Approved) opt%20(1).pdf

The Grand Corner

INTRODUCING

Care

Our Mission

▶ We are committed to helping those with chronic illness deal with the high cost of medical care, prescriptions and co-pays. We understand hardships are caused for basic living needs when one is living with a chronic illness. Our organization is committed to operating with integrity and excellence while providing service.

VISIT https://azgcare.org/ FOR MORE INFORMATION



ORIENTAL 20 TRAVELING MEN



Jr. Warden, Br. Marc Geyer attended the stated meetings of Apache Lodge on June 8th and Camelback Daylight Lodge on June 10th.



On June 14th, Sr. Steward, Br. David Morgan and Jr. Warden, Br. Marc Geyer attended the stated meeting at El Quixote Lodge in Phoenix. Br. David gave a educational lecture on the making of Mead, filled in at the end of the meeting as Jr. Warden, and was the lucky winner of the lodge raffle. What a great night for Br. David!!!



AFTER THOUGHTS



Brethren You Hold The Keys

Each of us holds a set of keys in Masonry. These keys are unique and very valuable. We need your keys. You can open doors nobody else can open. The door you open may change someone's life.



How can I make a difference?

Bring your keys to dinner at the Lodge on Tuesday evening



Beginning in March - The lodge will be hosting dinner every Tuesday. Bring a friend, your spouse or ? - We will be presenting a, "TED talk" type Masonic topic at every dinner. After dinner stay and enjoy our Friend to Friend program, lodge room activities or say goodnight.

Bring your keys to the Friend to Friend Program

The Friend to Friend program meets on the 2nd and 4th Tuesdays of the month. The program was initiated to allow individuals who were interested in Masonry to ask questions and get acquainted with the brethren.



Bring your keys into the Lodge



Simply put, your butt in a lodge chair can be the most important key. Think back to when you went through your degrees. If you were once an officer, think back to your journey in or through the chairs. The sidelines are where the coaches and ritual tans are. Your attendance is important to both the candidates and officers.



The added bonus of your keys is the support they provide across our fraternity. Just your presence supports our youth groups and Friend to Friend program. By simply coming by the lodge on at 6pm on Tuesday for dinner and fellowship your keys open doors.



GOOD TO KNOW

2023 MASTER ARCHITECT

Oriental Lodge

20 Charter February 15, 1911

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Congratulations and Thank You to everyone that made this a banner year for Oriental 20!!